PSY 280, Abnormal Psychology, Spring 2023

## Instructor: Dr. Emily (Doner) Rolan

## Pronouns: she/her/hers

*Preferred name: Dr. Rolan*

Psychology 110D

Email: [doneremi@msu.edu](mailto:doneremi@msu.edu)

Dr. Rolan’s Zoom “Personal Room”: https://msuhipaa.zoom.us/j/9246734524

To book an appointment visit: <https://calendly.com/emilyrolan/30minutemeeting>

## TA: Bing Mo

## Pronouns: she/her/hers

*Preferred name: Bing*

Email: mobingxi@msu.edu

Office Hours: by appointment

## UA: Abby Budd

## Pronouns: she/her/hers

*Preferred name: Abby*

Email: buddabig@msu.edu

Office Hours: by appointment

**Asynchronous online course. This is NOT a self-paced course**. Course material (e.g., lectures and assignments) will become available each week on Monday, with assignments for the week due by midnight on the Friday of that week (see [course calendar](#_Course_Calendar) and [weekly checklists](#Check1) for more details).

**Course Description:** This course is designed to provide students with an introduction to mental health science and practice.

**Course Objectives:** This course is designed to provide students with an introduction to mental health science and practice. Honestly, this class is essentially an “Introduction to Clinical Psychological Science”, like the other sub-field classes “Social Psychology” and “Cognitive Psychology”. We are working to rename this course, as “Abnormal Psychology” is antiquated. We aim to have it changed in the near future to reflect changes in the field and our society as a whole around how we discuss mental health.

*By the end of this course, students should be able to:*

* Compare and contrast scientific approaches to the study of mental health
* Define common mental health disorders across the lifespan
* Identify common assessment tools and treatments for mental health concerns
* Explain current understandings of the causes of and maintenance factors involved in mental health concerns
* Appraise the interface between ethics, law, society, and mental health

**Required Material**

**\*\*\*Please note that because this class is online, it is critical that you check D2L regularly for announcements and course materials!\*\*\***

This course will use connect as well as an e-textbook.

**E-Textbook:** *Whitbourne Abnormal Psychology: Clinical Perspectives on Psychological Disorders 10e (10th Edition)* by Susan Whitbourne via Connect

<https://connect.mheducation.com/class/e-doner-spring-2023-1>

Connect Registration:

* Please watch this video: [http://video.mhhe.com/watch/vjUamLCTLAE2R3GxPkHUUC](https://urldefense.com/v3/__https:/nam12.safelinks.protection.outlook.com/?url=https*3A*2F*2Furldefense.com*2Fv3*2F__http*3A*2Fvideo.mhhe.com*2Fwatch*2FvjUamLCTLAE2R3GxPkHUUC__*3B!!HXCxUKc!38MWpqKWowukUe9cKeW9QQFniZAe6okMEZwz4KdhAc4WAc5hN6ixJ_J47rZwfE_WA2TmgbMTQvSEQBA_BdvsbI0*24&data=05*7C01*7CChristine.Glass*40mheducation.com*7C8739dae6856d49e380a008da7f8ab721*7Cf919b1efc0c347358fca0928ec39d8d5*7C0*7C0*7C637962531013378012*7CUnknown*7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0*3D*7C3000*7C*7C*7C&sdata=XhdamiX6WAY2riWLE*2F1ZSXuJcBnLT4YQOglylD0Yicc*3D&reserved=0__;JSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJSUlJQ!!HXCxUKc!2cO1Wc8vn5CUguG1-nsGx0doGu2FJEXiuHRdeWRhJdUd-yhl0_Uzb1gIKjzDf3GdSJXQy-W1LyCLW3BCRqi-_o2LAbz8gw$)
* After watching the video, please navigate to your D2L course page for this class and click on the McGraw Hill Connect module on your Content page to start your registration process.
* If you have a McGraw Hill account you can simply log in, if this is your first-time logging into McGraw Hill then you will be prompted to create a new account similarly to any other online account creation.
* Graphical user interface, text, application

  Description automatically generatedOnce you have logged in you will have the option to purchase directly which will give you the best price, and the option to use the 14-day free trial (access code through the bookstore not applicable).
* For any Connect related and registration questions please contact the help line below:
  + Remember\* if you do not receive the help you are looking for on this help line, please record your case number and send it to your instructor
  + Phone: (800) 331-5094
    - Hours of Operation:
    - Sunday: 12:00 PM to 12:00 AM EST
    - Monday-Thursday: 24 hrs
    - Friday: 12:00 AM to 9:00 PM EST
    - Saturday: 10:00 AM to 8:00 PM EST

**Course Requirements**

**Syllabus Quiz**

I will administer a take-home quiz regarding the syllabus. The purpose of this quiz is to ensure that you are knowledgeable about the course requirements and have had the opportunity to think about them and plan for the workload ahead. This will help you key in on some important points on the syllabus early in the semester. This is to be completed in D2L; it is located in the Syllabus Folder (“Syllabus quiz”). You should be able to get 100% on this assignment.

**Connect: Smartbook Reading Assignments and Case Study Assignments**

Connect Orientation Videos: Inside Connect under “Intro” there is a video “Connect Orientation Video”. You will get 100% by watching the video. The video will offer instructions for using Connect, specifically, for the SmartBook reading assignments due each week. You can also access these any time in the semester if you need a refresher.

**\*\*\*You MUST email the UA to reopen the smartbook reading assignment if you are completing it after the due date. Otherwise, you will be completing the reading as a “refresher” for practice and not for points (per the Connect platform).**

**Journaling (D2L)**

These assignments are meant to be a reflective process for students to interact with class material. At the end of each week, students will take time to submit a brief record of observations, questions, or ideas that occurred to them as readings and lectures were completed prior in the week. These should be no longer than one paragraph (3-4 sentences). Full credit will be given for a thoughtful and complete entry (participating!).

**Article Critique (D2L)**

Based on discussions in class, students will first submit a PDF of a robust empirical article of their choice in D2L. Following, students will answer a series of questions in D2L evaluating the journal article they submitted prior.

**Exams (D2l)**

There will be 4 exams. Exams are NOT cumulative (although the last exam is given during our assigned final exam period, it is not cumulative). Each exam covers material presented after the prior exam.

**Exams will be administered in the course D2L site, using the “quiz” function**. All exams are “open book”, which means you can use any materials in your possession to answer questions, including your own notes or any material on the D2L/Connect course site. You may NOT collaborate or coordinate with other students on any exam. Exams will be available for a 24-hour period on the date for which they are scheduled (i.e., midnight to midnight). Because D2L is used for exams, you must have access to high-speed internet (such as that available on campus) to complete the exams.

Procedures and policies for proctoring of exams will be at the discretion of the instructor. These arrangements are subject to change in the event of unanticipated circumstances that necessitate a change to how exams are administered and/or proctored. If you have a need for an alternate day/time for any exam, please inform the instructor at least one week prior so specialized access can be set for you in D2L.

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| Breakdown of Points |  |
| **Assignments** | **Points** |
| Exams (4 Exams Total) | 160 (40 points each) |
| Connect Assignments | 140 (10 points each) |
| Journal Critique | 20 (total for article choice and worksheet) |
| PDF submission of Journal Article | 5 |
| Journal Critique Worksheet | 15 |
| Reading (16 Chapters Total) | 80 (5 points for each chapter assignment) |
| Journaling | 80 (5 points for each journal submission) |
| Connect Orientation Videos | 15 |
| Syllabus Quiz | 5 |
| **Total Points Available** | **500** |

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| --- | --- | --- | --- |
| **Grade** | **Percentage of Total Points** | **Grade** | **Percentage of Total Points** |
| 4.0 | 90% to 100% | 2.0 | 70% to 74.9% |
| 3.5 | 85% to 89.9% | 1.5 | 65% to 69.9% |
| 3.0 | 80% to 84.9% | 1.0 | 60% to 64.9% |
| 2.5 | 75% to 79.9% | 0.0 | Under 60% |

# **Course Policies**

**Email:**

In the subject of your email, please always include PSY 280. Please direct emails to the UA, and they will loop me in if required. Emails should be professional, concise, and provide appropriate context; this is an important skill to practice with all emails directed to professors/in your professional life. For tips on emailing a professor see https://academicpositions.com/career-advice/how-to-email-a-professor. Expect 48-72 hours for a response, then send a reminder email. **Please email instead of messaging via D2L.**

**Policies Regarding Attendance:**

It will be difficult to do well in this course if you do not regularly review the course material.

**Policies Regarding Missed or Late Quizzes, Exams, and Assignments:**

Granting of make-up exams is solely at the discretion of the instructor. Please reach out ASAP if you have issues so that alternative plans can be explored.

To provide flexibility, I will allow smartbook assignments to be submitted without penalty for up to 2 weeks after the due date. However, **you must email the UA to re-open the assignment.**

Journal assignments will not be accepted late.

**Policies Regarding Grading:**

If you believe there is an error or issue with your grade on any assignment in this course, you must raise this issue with the instructor within 7 days of the date on which you received the grade (defined as the date on which the grade is posted on D2L). After that point, I will not consider any requests for grade changes.

**Policies Regarding Recording or Dissemination of Course Material:**

As members of a learning community, students are expected to respect the intellectual property of course instructors. All course materials (slides, lectures, homework assignments, rubrics, quizzes, and lectures) presented to students are the copyrighted property of the course instructor and are subject to the following conditions of use:

1. Students may use the course material only for their own course-related purposes.

2. Students may share their course material with other students enrolled in the class, provided that they also use the course material only for their own course-related purposes.

3. Students may not post course materials online or distribute them via any emails to anyone not enrolled in the class without the advance written permission of the course instructor, and if applicable, any students whose voice or image is included in the material (e.g., recordings).

4. Any student violating the conditions described above may face academic disciplinary sanctions, including receiving a penalty grade in the course.

### **Applicable policies, syllabus statements, and resources for students:**

* [Spartan Code of Honor](http://splife.studentlife.msu.edu/spartan-code-of-honor-academic-pledge)
* [Mental Health](https://caps.msu.edu/faculty-staff/Syllabus-Language.html)
* [Religious Observance Policy](https://reg.msu.edu/ROInfo/Notices/ReligiousPolicy.aspx)
* [Student Athletes](https://ombud.msu.edu/classroom-policies/#absence-athletics)

### **Commit to Integrity: Academic Honesty**

Article 2.III.B.2 of the [Academic Rights and Responsibilities](http://splife.studentlife.msu.edu/student-rights-and-responsibilities-at-michigan-state-university/article-2-academic-rights-and-responsibilities) states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the [insert name of unit offering course] adheres to the policies on academic honesty as specified in [General Student Regulations](http://splife.studentlife.msu.edu/regulations/general-student-regulations) 1.0, Protection of Scholarship and Grades; the [all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations](https://ombud.msu.edu/academic-integrity/). See [Spartan Life Online](http://splife.studentlife.msu.edu/) (splife.studentlife.msu.edu) and/or the [MSU Web site](http://www.msu.edu/) (msu.edu) for more.

Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use the www.allmsu.com Web site to complete any course work in this course. Students who violate MSU academic integrity rules may receive a penalty grade, including a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. (See also the [Academic Integrity webpage](https://ombud.msu.edu/academic-integrity/).)

### **Limits to Confidentiality**

Essays, journals, and other materials submitted for this class are generally considered confidential pursuant to the University's student record policies. However, students should be aware that University employees, including instructors, may not be able to maintain confidentiality when it conflicts with their responsibility to report certain issues to protect the health and safety of MSU community members and others. As the instructor, I must report the following information to other University offices (including the Department of Police and Public Safety) if you share it with me:

* Suspected child abuse/neglect, even if this maltreatment happened when you were a child,
* Allegations of sexual assault or sexual harassment when they involve MSU students, faculty, or staff, and
* Credible threats of harm to oneself or to others.

These reports may trigger contact from a campus official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual. If you would like to talk about these events in a more confidential setting you are encouraged to make an appointment with the MSU Counseling Center.

### **Inform Your Instructor of Any Accommodations Needed**

[From the Resource Center for Persons with Disabilities](https://www.rcpd.msu.edu/get-started/faculty-departmental-resources/model-statements-disability-inclusion) (RCPD): Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities at 517-884-RCPD or on the web at [rcpd.msu.edu](https://rcpd.msu.edu). Once your eligibility for an accommodation has been determined, you will be issued a Verified Individual Services Accommodation ("VISA") form. Please present this form to me at the start of the term and/or two weeks prior to the accommodation date (test, project, etc.). Requests received after this date will be honored whenever possible.

### **Disruptive Behavior**

Article 2.III.B.4 of [Student Rights and Responsibilities](http://splife.studentlife.msu.edu/student-rights-and-responsibilities-at-michigan-state-university/article-2-academic-rights-and-responsibilities) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.III.B.10 states that "The student and the faculty share the responsibility for maintaining professional relationships based on mutual trust and civility." [General Student Regulation 5.02](http://splife.studentlife.msu.edu/regulations/general-student-regulations) states: "No student shall . . . obstruct, disrupt, or interfere with the functions, services, or directives of the University, its offices, or its employees (e.g., classes, social, cultural, and athletic events, computing services, registration, housing and food services, governance meetings, and hearings).” Students whose conduct adversely affects the learning environment may be subject to disciplinary action through the Student Judicial Affairs office.

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|  | Course Calendar |  |
| **Week and Dates** | **Topic** | **Assignments and Projects** |
| [Week 1](#_Week_1)  1/9 to 1/13 | Syllabus and Chapter 1 | Syllabus Quiz  Connect Orientation Videos |
| [Week 2](#_Week_2)  1/17 to 1/20 | Chapter 2 | Connect Smartbook Ch. 2 and 3  Journal Entry |
| [Week 3](#_Week_3)  1/23 to 1/27 | Chapter 3 | Connect Smartbook Ch. 4  Journal Entry  Rorschach Inkblots Assignment |
| [Week 4](#_Week_4)  1/30 to 2/3 | Chapter 4 | Connect Smartbook Ch. 5  EXAM #1 |
| [Week 5](#_Week_5)  2/6 to 2/10 | Chapter 5 | Connect Smartbook Ch. 6  Journal Entry  ADHD Case Study Assignment |
| [Week 6](#_Week_6)  2/13 to 2/17 | Chapter 6 | Connect Smartbook Ch. 7  Journal Entry  Psychotic Disorder Case Study Assignment |
| [Week 7](#_Week_7)  2/20 to 2/24 | Chapter 7 | Connect Smartbook Ch. 8  Journal Entry  Depressive and Bipolar Disorder Case Study Assignments  Submit Journal Article Using for Critique |
| [Week 8](#_Week_8)  2/27 to 3/3 | Chapter 8 | Connect Smartbook Ch. 9  Anxiety and Trauma- and Stressor-Related Disorders Case Study Assignments  EXAM #2 |
| [Week 9](#_Week_9)  3/6 to 3/10 | **SPRING BREAK – No Class** |  |
| [Week 10](#_Week_10)  3/13 to 3/17 | Chapter 9 | Connect Smartbook Ch. 10  Journal Entry  Somatic Symptom Disorders Case Study Assignment |
| [Week 11](#_Week_11)  3/20 to 3/24 | Chapter 10 | Connect Smartbook Ch. 11  Journal Entry  Eating and Conduct and Impulse Control Disorders Case Study Assignment |
| [Week 12](#_Week_12)  3/27 to 3/31 | Chapter 11 | Connect Smartbook Ch. 12  Journal Entry  Gender Dysphoria Case Study Assignment  Journal Critique |
| [Week 13](#_Week_13)  4/3 to 4/7 | Chapter 12 | Connect Smartbook Ch. 13  Substance-Related Disorders Case Study Assignment  EXAM #3 |
| [Week14](#_Week_14)  4/10 to 4/14 | Chapter 13 | Connect Smartbook Ch. 14  Journal Entry  Newsflash Assignment |
| [Week 15](#_Week_15)  4/17 to 4/21 | Chapter 14 | Connect Smartbook Ch. 15  Journal Entry  Newsflash Assignment |
| [Week 16](#_Week_16)  4/24 to 4/28 | Chapter 15 | Connect Smartbook Ch. 16  Journal Entry |
| [**FINALS**](#_Finals_Week) | **5-1 to 5-5** | **EXAM #4** |

Weekly Checklists

# Week 1 -1/9 to 1/13

Purchase Connect (with e-textbook)

Read Syllabus and complete Syllabus quiz on D2L (due 1/13 by midnight)

Watch Connect orientation videos on connect (“Connect Orientation Videos” and “SmartBook 2.0 Overview”: due 1/13 by midnight)

Complete Chapter 1 smartbook assignment on connect (due 1/13 by midnight)

Watch Introduction/Syllabus Video on D2L

Watch Week 1 Lecture in D2L

# Week 2 - 1/17 to 1/20

Complete Chapter 2 smartbook assignment on connect (due 1/20 by midnight)

Watch Week 2 Lecture in D2L

Complete Journal Entry in D2L (due 1/20 by midnight)

# Week 3 - 1/23 to 1/27

Complete Chapter 3 smartbook assignment on connect (due 1/27 by midnight)

Watch Week 3 lecture in D2L

Complete Journal Entry in D2L (due 1/27 by midnight)

Rorschach Inkblots Assignment on connect (due 1/27 by midnight)

# Week 4 - 1/30 to 2/3

Complete Chapter 4 smartbook assignment on connect (due 2/3 by midnight)

Watch Week 4 Lecture in D2L

Complete Exam #1 in D2L

Available for a 24 period – 2/3 from 12:01AM to 11:59PM

Open book, open note

Do NOT discuss exam with other people/students, complete it independently

Exam topic: Chapters 1, 2, 3, and 4

# Week 5 - 2/6 to 2/10

Complete Chapter 5 smartbook assignment on connect (due 2/10 by midnight)

Watch Week 5 Lecture in D2L

Complete Journal Entry in D2L (due 2/10 by midnight)

ADHD Case Study Assignment on Connect (due 2/10 by midnight)

# Week 6 - 2/13 to 2/17

Complete Chapter 6 smartbook assignment on connect (due 2/17 by midnight)

Watch Week 6 Lecture in D2L

Complete Journal Entry in D2L (due 2/17 by midnight)

Psychotic Disorder Case Study Assignment on Connect (due 2/17 by midnight)

Watch Lecture on Searching for a Journal Article on D2L

# Week 7 - 2/20 to 2/24

Complete Chapter 7 smartbook assignment on connect (due 2/24 by midnight)

Watch Week 7 Lecture in D2L

Complete Journal Entry in D2l (due 2/24 by midnight)

Depressive and Bipolar Disorder Case Study Assignments on Connect (due 2/24 by midnight)

Submit PDF of Journal Article for Critique on D2L

# Week 8 - 2/27 to 3/3

Complete Chapter 8 smartbook assignment on connect (due 3/3 by midnight)

Watch Week 8 Lecture in D2L

Anxiety and Trauma- and Stressor-Related Disorders Case Study Assignments on Connect (due 3/3 by midnight)

Complete Exam #2 in D2L

Available for a 24 period – 3/3 from 12:01AM to 11:59PM

Open book, open note

Do NOT discuss exam with other people/students, complete it independently

Exam topic: Chapters 5, 6, 7, 8

# Week 9 - 3/6 to 3/10

Chillax and rest your brain and body!

Don’t think about this class

# Week 10 - 3/13 to 3/17

Complete Chapter 9 smartbook assignment on connect (due 3/17 by midnight)

Watch Week 10 Lecture in D2L

Complete Journal Entry in D2l (due 3/17 by midnight)

Somatic Symptom Disorders Case Study Assignment on Connect (due 3/17 by midnight)

# Week 11 - 3/20 to 3/24

Complete Chapter 10 smartbook assignment on connect (due 3/24 by midnight)

Watch Week 11 Lecture in D2L

Watch Lecture on how to read and critique journal article

Complete Journal Entry in D2l (due 3/24 by midnight)

Eating and Conduct and Impulse Control Disorders Case Study Assignment on Connect (due 3/24 by midnight)

# Week 12 - 3/27 to 3/31

Complete Chapter 11 smartbook assignment on connect (due 3/31 by midnight)

Watch Week 12 lecture in D2L

Complete Journal Entry in D2l (due 3/31 by midnight)

Gender Dysphoria Case Study Assignment on Connect (due 3/31 by midnight)

Complete Journal Critique on D2l (due 3/31 by midnight)

# Week 13 - 4/3 to 4/7

Complete Chapter 12 smartbook assignment on connect (due 4/7 by midnight)

Watch Week 13 Lecture in D2L

Substance-Related Disorders Case Study Assignment on Connect (due4/7 by midnight)

Complete Exam #3 in D2L

Available for a 24 period – 4/7 from 12:01AM to 11:59PM

Open book, open note

Do NOT discuss exam with other people/students, complete it independently

Exam topic: Chapters 9, 10, 11, 12

# Week 14 - 4/10 to 4/14

Complete Chapter 13 smartbook assignment on connect (due 4/14 by midnight)

Watch Week 14 Lecture in D2L

Complete Journal Entry in D2l (due 4/14 by midnight)

Newsflash Assignment: Pandemic’s Mental Health Effects on Connect (due 4/14 by midnight)

# Week 15 - 4/17 to 4/21

Complete Chapter 14 smartbook assignment on connect (due 4/21 by midnight)

Watch Week 15 Lecture in D2L

Complete Journal Entry in D2l (due 4/21 by midnight)

Newsflash Assignment: Teaching Tolerance on Connect (due 4/21 by midnight)

# Week 16 - 4/24 to 4/28

Complete Chapter 15 smartbook assignment on connect (due 4/28 by midnight)

Watch Week 16 Lecture in D2L

Complete Journal Entry in D2l (due 4/28 by midnight)

# Finals Week

Complete Exam #4 in D2L

Available for a 72 hour period – 5/3 to 5/5 from 12:01AM to 11:59PM

Open book, open note

Do NOT discuss exam with other people/students, complete it independently

Exam topic: Chapters 13, 14, 15, 16